

STEP ABOVE SAFETY

Height Safety Training



Step Above Safety Limited are Working at Height Specialists. With a full range of height safety related services we are the perfect partner for your working at height needs.

We have supply partners from across the globe making sure we are able to supply a range of PPE that is unsurpassed in the industry, with access to all work at height, rescue and access equipment

If you cannot see it in our literature, please ask – we can source whatever you require.

Our services include:

1. Work at Height Survey
2. Anchorage Solutions and Installation
3. Anchorage inspection and testing
4. Work at Height PPE
5. Rescue from Height Equipment
6. Work at Height and Rescue Training Courses

Work at Height Training

Our courses cover all aspects of managing risk at height in the workplace. Courses are run at set dates throughout the year to allow you to plan your personnel training at the most convenient and effective time. Alternatively courses for groups can be organised to suit you.

The range of courses provided are designed to meet current legislation and HSE requirements. All aspects of training in the form of theory, practical and examination are covered and are certified by Bettersafe International.

Work at Height

Falls from height remain the most common cause of workplace fatality with over 35 fatalities, over 4500 major injuries and 7000 injuries leading to 3 or more days off work every year.

As part of the Work at Height Regulations 2005 those involved in work at height must be competent.

What is 'work at height'?

Regulation 2

A place is 'at height' if a person could be injured falling from it, even if it is at or below ground level.

The Work at Height Regulations 2005 apply to all work at height where there is a risk of a fall liable to cause personal injury. They place duties on employers, the self-employed, and any person who controls the work of others (eg facilities managers or building owners who may contract others to work at height) to the extent they control the work.



Courses

HA1

Height Safety Competency

1 Day up to 10 people

HA2

Height Safety Competency & Practical

1.5 Day up to 10

people

Managing Height Safety

2 Day up to 6 people

Rescue from Height

1 Day up to 6 people



**Contact us for
pricing and to
arrange dates.**

HA1 – Height Safety Competency

Where single FPE provision for a single work environment, with standard equipment specific to the work and environment does not describe your working at height practice then further competency training will be required.

Working at height in multiple locations will require continuous assessment of the equipment required, selection and often the installation of suitable anchorage points and the understanding of the legislation covering the practice.

The use of different FPE for the provision of safe access and work for yourself and personnel responsible to you is often complex.

Ensuring that your competency level or that of your designated responsible person is high enough is essential to the continued effective protection for your workers while at height.

Course Content

This course is designed specifically for those working at height.

Attendees must be physically fit, and when attending the course should come equipped with the standard equipment supplied to them by their company.

Course Duration 1 Day, comprehensive support documentation will be provided and a pass / fail exam taken at the end of the course.

Syllabus

- Legislation
- Legal Responsibility
- Safe Systems of Working
- Passive Safety Systems
- Restraint Systems
- Fall Arrest Systems
- Specific Site Fall Arrest Equipment Introduction
- Pre Use Inspection
- Donning a Safety Harness
- Safe Use of Associated Equipment
- Anchorage Point Identification
- Horizontal Safety Systems
- Vertical Safety Systems



HA2 – Height Safety Competency & Practical

Where single FPE provision for a single work environment, with standard equipment specific to the work and environment does not describe your working at height practice then further competency training will be required.

Working at height in multiple locations will require continuous assessment of the equipment required, selection and often the installation of suitable anchorage points and the understanding of the legislation covering the practice.

The use of different FPE for the provision of safe access and work for yourself and personnel responsible to you is often complex.

Ensuring that your competency level or that of your designated responsible person is high enough is essential to the continued effective protection for your workers while at height.

Course Content

This course is designed specifically for those working at height. Attendees must be physically fit, and when attending the course should come equipped with the standard equipment supplied to them by their company.

Course Duration 1.5 Day, comprehensive support documentation will be provided and a pass / fail exam taken at the end of the course.

Syllabus

- Problems Associated with Safe Working at Heights
- Legislation
- Legal Responsibility
- Safe Systems of Working
- Passive Safety Systems
- Restraint Systems
- Fall Arrest Systems
- Complete Fall Arrest Equipment Introduction
- Pre Use Inspection
- Donning a Safety Harness
- Safe Use of Associated Equipment
- Anchorage Point Identification
- Horizontal Safety Systems
- Vertical Safety Systems
- Maintenance & Checking of Equipment
- Practical Training and Assessment

Management of Height Safety

Where single FPE provision for a single work environment, with standard equipment specific to the work and environment does not describe your working at height practice then further competency training will be required.

When managing people who are working at height in multiple locations you will be required to perform continuous assessment of the equipment required, selection and often the installation of suitable anchorage points and the understanding of the legislation covering the practice.

The use of different FPE for the provision of safe access and work for yourself and personnel responsible to you is often complex.

Ensuring that your competency level or that of your designated responsible person is high enough is essential to the continued effective protection for your workers while at height.

Course Content

This course is designed specifically for those working at height. Attendees must be physically fit, and when attending the course should come equipped with the standard equipment supplied to them by their company.

Course Duration 2 Day, comprehensive support documentation will be provided and a pass / fail exam taken at the end of the course.

Syllabus

- Problems Associated with Safe Working at Heights
- Legislation
- Legal Responsibility
- Risk Assessment
- Method Statement Generation
- Rescue System evaluation and selection
- Safe Systems of Working
- Passive Safety Systems
- Restraint Systems
- Fall Arrest Systems
- Complete Fall Arrest Equipment Introduction
- Pre Use Inspection
- Donning a Safety Harness
- Safe Use of Associated Equipment
- Anchorage Point Identification
- Horizontal Safety Systems
- Vertical Safety Systems
- Maintenance & Checking of Equipment
- Practical Training and Assessment



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